



KITCHEN KNEADS, INC.

November 2011

<u>GRAINS</u>	<u>Wt.</u>	<u>Price</u>
Amaranth	25	\$69.50
6 Grain Mix (Rolled)	50	\$27.99
7 Grain Blend (Whole)	25	\$17.99
9 Grain Mix (Cracked)	50	\$27.99
9 Grain Mix (Rolled)	50	\$22.99
Barley Flakes	50	\$19.99
Barley, Hulled	50	\$21.00
Bruce's Cereal	25	\$24.99
Buckwheat Groats	50	\$69.99
Buckwheat, Whole	50	\$61.99
Cornmeal	50	\$28.99
Cornmeal Grits	50	\$28.99
Corn, Popcorn	50	\$27.99
Corn, Yellow Dent	50	\$19.99
Farina	25	\$13.99
Flax Seed	50	\$37.99
Golden Flax	50	\$41.99
Kamut	50	\$39.99
Millet	50	\$37.99
Oats, Rolled (Reg. Or Quick)	25	\$11.99
Oat Bran (Fine or Coarse)	50	\$38.99
Oat Groats	50	\$29.99
Oat Steel Cut	50	\$27.99
Rye	50	\$22.99
Rice, Basmati Brown Rice	25	\$31.50
Rice, Basmati White Rice	25	\$37.99
Rice, Black Japonica	25	\$63.99
Rice, Brown Long Grain	25	\$20.99
Rice, Brown Short Grain	25	\$25.50
Rice, Country Wild	25	\$63.99
Rice, Sweet Brown	25	\$26.50
Rice, White Long Grain	25	\$16.99
Rice, White Short Grain	25	\$19.99
Rice, White Short Grain	50	\$39.99
Rice, Wild Rice Blend	25	\$86.99
Spelt Chemical Free	50	\$39.99
Teff	25	\$52.99
Wheat Bran	50	\$21.99
Wheat, Cracked	25	\$10.99

Red (13.8%)	50	\$17.99
White (13.8%)	50	\$18.99

Wheat, Rolled	50	\$22.99
Wheat, Soft White	50	\$19.99
Quinoa	25	\$79.99
Red Quinoa	25	\$179.99
<u>Powdered Goods</u>		
Soy Milk	25	\$ 37.99
Country Cream Non-fat Milk	50	\$149.99
Milk, Powdered Regular	50	\$139.99
Whey	50	\$ 55.99
Cornstarch	50	\$ 34.99
Clearjel A (Thickener)	25	\$ 54.99
Instant Clearjel (Thickener)	25	\$ 74.29
Ultra Set (Thickener)	50	\$122.99

All prices subject to change without notice

<u>Flours</u>	<u>Wt</u>	<u>Price</u>
Bread Flour, White Wheat	25	\$11.99
Baking Flour, Whole Wheat	25	10.99
Baking Flour, Lehi Turkey	25	\$13.99
Baking Flour, Lehi W.Wheat	25	\$11.99
Bread Flour, Golden Loaf	25	\$10.99
All Purpose, Big J	25	\$ 9.99
Barley Flour	50	\$33.99
Cake Flour	50	\$21.99
Corn Flour	50	\$23.99
Masa Flour	50	\$20.99
Pastry Flour	50	\$21.99
Rice Flour, Brown	50	\$42.99
Rice Flour, White	50	\$29.99
Rye Flour	50	\$29.99
Semolina Flour	50	\$34.99
Vital Wheat Gluten Flour	50	\$84.99

<u>Sugars and Liquids</u>	<u>Wt.</u>	<u>Price</u>
Fructose	50	\$54.00
Honey	1	\$ 4.69
Honey	2	\$ 7.39
Honey	5	\$16.99
Honey	9	\$26.99

Honey	45	
\$115.99		
Lecithin, Liquid	59	\$69.99
Liquidose Corn Syrup	59	\$42.99
Molasses, Black Strap	59	
		\$49.99
Molasses, Regular Sweet	59	
		\$61.99
Sugar, Brown Golden C	50	
		\$58.99
Sugar, Brown Yellow D	50	
		\$58.99
Sugar, Dehydrated Cane Juice	50	
		\$68.99
Sugar, Granulated	50	\$39.99
Sugar, Powdered Sugar	50	
		\$54.00

<u>Beans</u>	<u>Wt.</u>	<u>Price</u>
Anasazi	25	\$52.99
Blackeye	25	\$29.99
Black Turtle	25	\$25.99
Garbanzo	25	
		\$27.99
Great Northern	25	\$21.99
Kidney, Dark	25	\$28.99
Kidney, Light	25	\$28.99
Lentils	25	\$21.99
Lentils, Red	25	\$25.99
Lima, Baby	25	\$27.99
Lima, Large	25	\$27.99
Peas, Green Split	25	\$14.99
Peas, Yellow Split	25	\$15.99
Peas, Whole Green	25	\$15.99
Pink Beans	25	\$21.49
Pinto	25	\$20.99
Red Beans	25	\$23.99
Small White	25	\$25.99
Soybeans		
25		\$33.49
ABC Soup mix	25	\$29.99
13 Bean Soup Mix	25	\$28.99

Potatoes, Pearls	3.75	\$13.59
Potatoes, Country	3	\$16.99
Tomato Powder	4	\$21.99
TVP, Bacon	3	\$ 7.99
TVP, Beef	2.5	\$ 7.99
TVP, Chicken	2.25	\$ 7.99
TVP, Ham	2.5	\$ 9.99
TVP, Sausage	2.5	\$ 8.99
TVP, Taco	3	\$ 9.99

***Note: Our cans are double enameled for better protection against the elements.

TVP Products

Bacon TVP	25	\$41.99
Beef TVP	25	\$44.99
Chicken TVP	25	\$44.99
Ham TVP	25	\$63.59
Sausage TVP	25	\$46.00
Taco TVP	25	\$52.50
Chicken Chunks TVP	25	\$65.49
Beef Jerky TVP	25	\$71.49

SALT

Real Salt	25	
		\$64.99
Arrowroot	25	
		\$62.75
Baking Soda	50	\$36.99
Citric Acid	50	\$89.99
Carob Powder	25	\$52.99

Kitchen Kneads

**3030 Grant Ave.
Ogden, UT 84401**

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All Items are Available in Buckets upon Request with ample notice.

We have been in business since 1973. With our experience, we can help you learn. We have learned through hard times the importance of food storage.

<u>#10 Cans</u>	<u>Wt.</u>	<u>Price</u>
Broth, Beef	4.25	\$24.99
Broth		Chicken
		\$17.49
Butter Powder	3	\$25.49
Cheese, Cheese Sauce	4	\$24.89
Cheese, White Cheddar	3.25	
		\$33.89
Eggs, Whole Powdered	3	\$17.99
Milk Country Cream	4	\$16.99
Milk, Nonfat Regular	4	\$15.99
Onions	3	\$14.99
Peppers, Green & Red	2	\$15.99
Potatoes, Hash browns	2	\$11.59

Storage Containers

	<u>Price</u>
55 Gallon Drum	\$49.99
6 Gallon Bucket	\$ 5.59
5 Gallon Bucket	\$4.59

