



KITCHEN KNEADS, INC.

3030 Grant Avenue • Ogden, Utah 84401
(801) 399-3221 • 1 800 658-8521

Class Schedule 2010

All Classes Are FREE

JAN. 2ND 9:30 AM ---WHOLE WHEAT BREAD CLASS

Whole wheat angel food cake followed by bread making tips. Featuring instructions and recipes on the mill and mixer.
Instructor---Cindy Child

JAN. 9TH 9:30 AM ---WHOLE WHEAT BREAD CLASS

Whole wheat angel food cake followed by bread making tips. Featuring instructions and recipes on the mill and mixer.
Instructor---Cindy Child

JAN. 16TH 9:30 AM ---PRESSURE COOKER DEMO

Instructions on how to use pressure cookers.
Instructors---Bruce & Carla Crane

JAN. 30TH 9:30 AM ---MULTI GRAIN BREAD CLASS

How to use different grains in bread. Featuring instructions and recipes on the mill and mixer.
Instructor---Cindy Child

FEB. 6TH 9:30 AM ---WHOLE WHEAT BREAD CLASS

Whole wheat angel food cake followed by bread making tips. Featuring instructions and recipes on the mill and mixer.
Instructor---Cindy Child

FEB. 13TH 9:30 AM ---GRAIN CLASS (FOOD STORAGE PART 1)

Teaching about food storage and how to use it. Samples included. [Sign up required](#)
Instructors---Bruce & Carla Crane

FEB. 20TH 9:30 AM ---BEAN CLASS (FOOD STORAGE PART 2)

How to use beans – refried beans, canning, thickeners, etc. Samples included. [Sign up required](#)
Instructors---Bruce & Carla Crane

FEB. 27TH 9:30 AM ---WHERE DO I BEGIN? (FOOD STORAGE PART 3)

Whole wheat tortillas, whole wheat crepes, and blender waffles. Follow-up with more helps from the Grain and Bean class.
Instructors---Bruce Crane & Cindy Child

[Classes subject to change without notice.](#)